



Mental Health Awareness Week

Mental Health Awareness Week takes place from the 8th – 14th May 2017. Good mental health is more than the absence of a mental health problem. This year, Mental Health Awareness Week has a focus on uncovering why too few of us are thriving with good mental health.

Mental Health is a hot topic at the moment which has been given a massive boost by members of the Royal Family launching the <http://www.royalfoundation.com/our-work/heads-together/> and even the London Marathon this year is The Mental Health Marathon.



At school, we will be promoting this week through assemblies. However, prior to this week we have recently produced a new policy to outline how we deal with these kinds of issues in school. Whilst it's a lengthy document there are some insightful bits of information

Forthcoming Events

5th – 7th May: Y7 Bushcraft trip
8th May: Turing House Friends' Meeting, 7pm in school
25th May: Rehearsal for Live@The Rose at The Mall, 3.30-6pm
26th May: INSET day
29th May – 2nd June: Half Term
30th May – 2nd June: Y8 Trip to Spain

to enable you to become more aware of issues that may arise at home. The policy can be found here: <https://www.turinghouseschool.org.uk/documents/policies/POLICY%20-%20Mental%20Health.pdf>

For more information on Mental Health Awareness Week, please look at the link below:

<http://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

Additional sessions running next week for students are:

Headspace taster session - Friday lunchtime
Drop in sessions to discuss anything related to mental health and wellbeing

Also, we will run our usual activities - **cycling** (Tuesday after school) and **yoga** (Thursday mornings) at 8am – these particular activities are well-known for promoting good mental health so it would be great to see as many students as possible attending these.

Big Futures

On Thursday our Year 8 students began the journey towards their future aspiration with a careers day entitled 'Big Futures'. Throughout the day (led by Future Foundations) students took part in four workshops on Life Maps, Presenting for Success, Creating Opportunities and Interview skills. Students then created a 30-day statement of intention. Please ask them about this and ensure that they stick to it.

Fixtures

9th May: U13 Girls' Rounders AWAY v Twickenham Academy
10th May: U13 Boys' Table Tennis tournament at Christ's
16th May: U13 Boys' Cricket AWAY v Christ's
16th May: U13 Girls' Rounders AWAY v Waldegrave
6th June: U13 Boys' Cricket AWAY v Twickenham Academy
6th June: U13 Girls' Rounders AWAY v St Richard Reynolds CC



Science Museum Trip

On Thursday this week, all of Year 7 ventured into London for a trip to the Science Museum. Armed with a thirst for knowledge and a workbook of questions, students explored their way through the fascinating exhibits and informative sections, learning about robots, light, materials, static electricity, flight, data and a whole host of other things!

Their behaviour was a credit to the school and it was wonderful to see them absorbing so much in such a stimulating environment. Thank you to Miss Emerton and Miss Wilkinson for organising this huge outing.



Summer Term Clubs Timetable

	MON	TUE	WED	THUR	FRI
Morning 8am	Fitness		Orchestra	Yoga	
Lunch	Choir	Elleray Hall	Choir	ECOSTARS	Band
After School	Homework	Homework	Homework	Homework	Boxercise
	War Hammer	Music Tech	Creative Arts	Think Aloud	Hair and Beauty
	Rounders	Fixtures	Maths in Motion	Football	
	Cricket	STEM		Volleyball	
	Table Tennis	Cycling	Drama Rowing Reading	Dance	





London Youth Games- Upcoming Trials

If any students participate in any of the following sports, we would encourage you to attend trials to represent Richmond in the London Youth Games.

Aquathlon (Years 7-11) - Saturday 20 May @ Pools on the Park

Athletics (Years 8 & 9) – Monday 8 and 15 May @ St Mary's Uni

Basketball (Years 9-12) – **Boys**- Monday 24 April

Girls- Tuesday 2 May @ Waldegrave School

Cycling (Years 6-11) – (See below)

Fencing (Years 6-12) – **Thursday 27 April @ St Paul's School**
Altered date

Football (Years 8 & 9) - Wednesday 24th May & Wednesday 7th June @ Lincoln Field

Handball (Year 11 & U) - Thursday 27 April, 4 May & 11 May @ Hampton Sports Centre

Hockey (Years 6 – 9) - Sunday 30 April & 7 May @ Teddington Sports Centre

Indoor Rowing & Rowing (Year 7-11 & 7-12) - Friday 21 April @ Walbrook RC

Netball – (Years 7 – 9) – Wednesdays 10, 17 & 24 May @ Old Deer Park

Tennis – (Years 7 – 12) – Saturday 22 & 29 April @ Teddington LTC

Volleyball (Years 7-13) – Boys Tuesdays, Girls Wednesdays @ Teddington Beach Courts

We are also still looking for girls Table Tennis and Badminton players. All ages!

All further details and information on how to sign up can be found on the full document and at www.richmond.gov.uk/londonyouthgames

The first trial to represent Team Richmond in the **Cycling** squad at the 2017 London Youth Games took place on Sunday.

School Production DVD

We are now taking orders for a DVD of the Beauty and the Beast Performance, kindly produced by the parent of one our Y8 students. Last year's Witches DVDs were very popular and very high quality indeed.

Each DVD costs £5. Please order using the link below.





Remember there are still extra sessions to attend on the

- Sunday 7th May 9-10am @ Kempton Park
- Sunday 21st May 9-10am @ Kempton Park

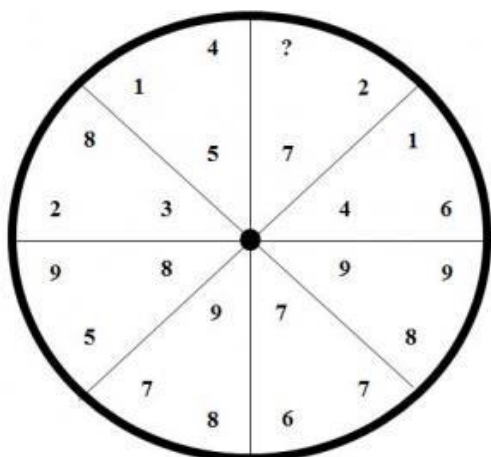
If you are selected for the squad, the competition will take place on Saturday 24th June 2017, at Lee Valley Velopark, E20 3AB.

If you are thinking of heading along to compete, make sure you pick up your cycling jersey from Mr O'Sullivan on the Friday.



MENSA Puzzle

What number should replace the question mark?



Last Week's Answer: Koala, skunk, hyena, camel and horse.

Last few days to collect vouchers!



Sainsbury's
Active Kids
Eat well • Move well • Live well

Please collect together your final vouchers from Sainsbury's stores and **bring into school before 19th May** so we can order some sports or cookery equipment. So far, we have collected approximately 5000 vouchers, which is fantastic. Please keep them coming in!

Musical Events during the summer term

Several musical events will be taking place during the summer term. If your child is taking part in any of these, then please make a note of these dates in your diary:

Live@TheRose -

Rehearsal: The Mall - **Thursday 25th May**, 3.30pm - 6pm

Rehearsal: The Mall - **Thursday 22nd June**, 3.30pm - 6pm

Concert at the Rose Theatre - **Thursday 29th June** - all day and evening concert

Richmond Prom Orchestra - rehearsal at St Richard Reynolds – **Wednesday 21st June**, 12pm

Performance at St Mary's College in Twickenham – **Thursday 6th July**, afternoon rehearsal and evening concert

Summer concert - Wednesday 5th July, evening, start time to be confirmed, in school

Bushcraft - They are off!

Do have a look at our website from time to time, in particular at our Twitter feed, to catch updates from the trip this weekend.

Music Exam Success

Many congratulations to Will Whateley in Year 8, who has passed his Grade 1 piano exam with merit.

Junior Cricket

One of our students attends a brilliant local club called Chiswick & Whitton Cricket Club (Junior Cricket), which is based in Whitton. It's a really friendly, small club that encourages and develops children aged 6-13 (up to Year 8) of all abilities. They are trying to recruit more players at the moment. We have included their flyer on the newsletter email.



Planner Design Competition

Turing House School Art Competition 2017

Your challenge: Design a front cover for the school planner.

The design could be linked to either ...

- Alan Turing
- Teddington
- Or it could represent the Turing values: Modesty, Curiosity, Leadership, Creativity and Perseverance.

The planner next year will be A5 in size, so your design needs to be to this scale. Your challenge is to see how you can represent the school in a creative way.

There will be a display of all the work entered in to the competition.

The prize: we will choose the design that we feel shows the most creativity, and represents the school in the most imaginative way. We will also need to consider what will make the most effective design when printed.

The winning student will see their work in print on the cover of next year's planner.

All artwork submitted has to be your own.

The design needs to be handed in to Miss Davison by **Friday 19th May.**